

Brow lift

Do you look stressed even when you're relaxing on the beach? Do people mistake your brow wrinkles as signs of anger, sadness, worry or exhaustion? Do your eyebrows disguise the real you? If these are questions you've asked yourself in the mirror, a brow lift may be an option for you. This innovative procedure can lift, tuck and smooth your forehead, giving you a fresh, more awake look and new-found confidence. A brow lift is a surgical procedure that helps eliminate drooping skin and vertical or horizontal lines associated with the forehead, or brow line. Whether your brow wrinkles because of genetics, stress, injury or age, a brow lift can return one of your most prominent facial features to a smoother, more symmetrical and youthful shape.

Who is an ideal candidate for a brow lift?

How is a brow lift performed?

Recovery?

Who is an ideal candidate for a brow lift?

Middle-aged people, who are experiencing the visual affects of aging, are common recipients of brow lifts. However, applicants of any age who have developed wrinkles or frown lines due to stress, straining muscle activity, nerve damage or trauma can achieve similar results. Those with low or "heavy" brows can also attain a more alert look. Sometimes a brow lift is combined with an eyelid lift (blepharoplasty) or may be a better alternative for those interested in lifting their upper eyelids.

How is a brow lift performed?

A brow lift is an outpatient procedure performed in several ways. The most common method is a traditional coronal forehead lift in which Dr. Butterfield makes an ear-to-ear incision across the top of the head behind the hairline. A small strip of scalp is removed, pulling the brow up and back. The skin is then sutured together and a dressing applied.

An endoscopic lift involves several one-inch incisions behind the hairline in which Dr. Butterfield can insert an endoscope with a tiny camera hooked to a monitor. This technique allows for precise viewing of the forehead muscles and tissues, and avoids a long incision in the top of the head but is limited in its ability to reduce horizontal wrinkles.

Recovery?

Most patients find this operation to be only mildly painful, and may return to work in 1 to 3 weeks. The timing of recovery is dependent upon the individual and the technique used.